

1st February 2026



Editorial

4th Sunday of Epiphany

Reading: Luke 14 v 25-34

One of the most important lessons we have to learn in life is to weigh up the cost. When we go shopping; especially if it is an expensive item, you don't just go in the 1st shop you see and pay whatever price they are offering. We have to learn to take time, to shop around, compare prices and similar items, and weigh up 'Is it really worth it?'.

As we continue to reflect on our text verse and building our lives on the foundation of Jesus, that is exactly the point Jesus makes in our reading this week. Jesus said 'Whoever does not carry their cross and follow me cannot be my disciple' (Luke 14 v 27)

There is a cost to following Jesus. When we put Jesus first in our lives we have to make sacrifices. That is why Jesus challenges us to take time to think and consider the cost of following Him. Are we prepared to pay the cost of following Jesus in our own lives today?

But is Jesus really worth it? Absolutely! If you don't believe me listen to St Paul's testimony 'I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ' (Philippians 3: 8).

May we too experience the joy of knowing Christ as we build our lives on Jesus who is our one foundation.

Vinny



Please Pray for...

Minti R	Emma H
David V and family	Chloe
Barbara S	Rachael B
Brenda & Ken	John H & Debs
Betty	Sue S
Lee A	Vinny H
Stuart & family	Bishop David †
Jackie	Michael F
Isaac	Joanne
Jodie	Pauline G & family
Anne H	David P
Ross	Tania
Belinda K	Irene S
Phil & Sue B	Claire H
Norma M	Donna
Freda	Re-Ordering Project
Samantha W	WoW & Beyond WoW
Anna B	Pause Café

Remember, this list is for those who need our prayers, not just the sick or bereaved.



This week at St Bede

Sunday 1st February

10am All-Age Service

Join us for our all-age service as we continue our series reflecting on Jesus our Foundation. This week we are exploring how we need to weigh up the cost of following Jesus.

Tuesday 3rd February

7pm PAUSE Cafe

Our monthly PAUSE Café returns this week. PAUSE is a support group for people who are struggling with mental health or feeling lonely. It's a safe place where you can come and chat and meet with others. Why not come along this week.

Wednesday 4th February

12.30pm St Bede Luncheon Club

Our monthly Luncheon Club returns this week. Join us for a delicious 2 course lunch and opportunity to meet with others and make new friends. To book your place contact Elaine.

6.15pm WOW

Our Worship on Wednesday Service continues this week as we reflect on how Jesus welcomed children to come to him. Our youth group **Beyond WOW** also meets this week.

Thursday 5th February

7pm Prayer at 7

Join us for our monthly prayer meeting as we join together for a short time of prayer as we pray for ourselves, our church and our community.

Sunday 8th February

10am Holy Communion

Join us as we conclude our series exploring Jesus as the one foundation, we can build our lives upon as we look at the centrality of Jesus in our faith.

Our children's group 'Church Rocks' meets this week.



THE CHURCH OF ENGLAND Diocese of Manchester

St Bede Charity Partner 2026.



COLLECT

God of heaven, you send the Gospel to the ends of the earth and your messengers to every nation: send your Holy Spirit to transform us by the good news of everlasting life in Jesus Christ our Lord.

Our Church depends very heavily on fundraising as well as regular giving to keep our Church afloat.

We ask that you do continue to give by setting up a Standing Order from your bank. Please contact our Treasurer, Simon Brooks for further details – brooks_simon@hotmail.co.uk

visit our website www.st-bede.org.uk or scan the QR code below



NORMA VAUSE

Last week we announced the sad news that Norma Vause, a much loved member of our congregation, has recently died.

Norma's funeral will take place on Monday 16th February, 10am here at St Bede followed by a Committal service at Overdale.

Please do continue to keep David, Lynn, Philip and Andrew and the family in your prayers at this time.

28 DAYS OF PRAYERS OF PRAISE TO GOD

Please use the 28 Days of Prayer and Praise to focus on your prayer journey this February. Day 1 starts today!

Please do not hesitate to speak to one of the Ministry Team should you need some support.

Tony

Free Dementia Music Café poster with details on time, location, and contact information.

DONATIONS REQUIRED

We are looking for donations of Easter Eggs (Yes!! There are now in the shops!) for our annual Easter Egg Bingo in March 2026.

WALK THE ST BEDE WAY FOR ST BEDE

On Saturday 16th May you are invited to join us to do a sponsored walk as we raise funds for our Community Room Reordering Project.

Join us as we follow the footsteps of St Bede. We will be setting off at 9.30am and the walk will take around 5 hours to complete at a gentle pace.

You can either join us and book in a Premier Inn on Friday night or get up early and join us on the day. Either way we can arrange to share lifts for those who want to join us.

If you think 12 miles is too much; you can still join us for the day and there is the option of simply meeting us at Jarrow Hall where there is a museum about St Bede and plenty of other things to do.

To register for your place; please sign up at the back of church to help us plan and prepare.

If you have any questions then do come and speak to Vinny.

Walk the St Bede Way for St Bede Church poster with date, location, and details about the walk.

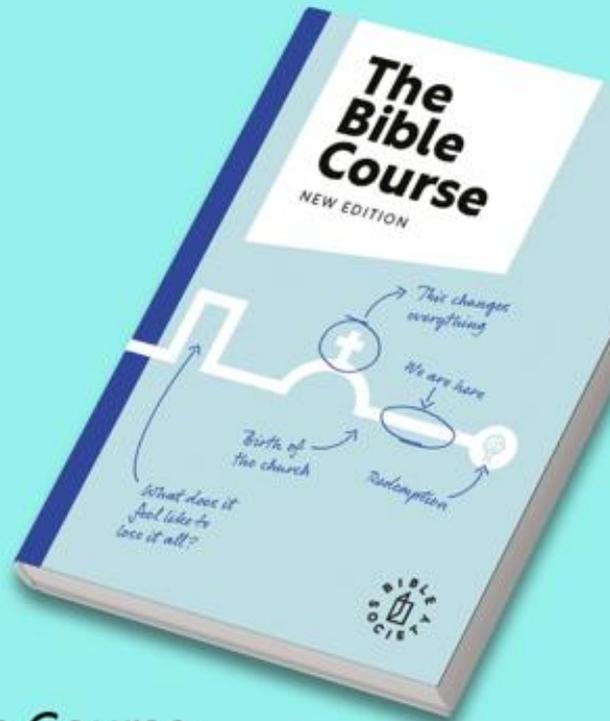
The Bible Course

NEW EDITION

Want to feel more *connected* to God's word?

Join *The Bible Course* New Edition

biblesociety.org.uk/thebiblecourse



Lent Course 2026



We are delighted to be running the Bible Course as our joint Lent Course for 2026. Join us every Tuesday during Lent as we reflect on the big picture of God's Word through short films and discussion

Our Lent Course begins on Tuesday 24th February,, 7.30pm at St Andrew's Church



Praise is deeply connected to what we learn to be true about God, and it's good to remind ourselves of the reasons why we praise God (and then, praise Him!). Focus your next 7 days on offering prayers of praise to God.

Consider beginning or ending your day with the habit of praising God and praying these verses out loud. Invite a friend or your family to join you. Notice how praising God changes you and your perspective—it may even reduce stress. Then, continue to foster a life of worship. Create a praise journal—adding specific praise verses and prayers that are personal to your own life.

DAY 1

God, I praise you for being my strength, defence, and salvation.

"The LORD is my strength and my defence; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him"
Exodus 15:2 (NIV).

DAY 2

God, I praise your greatness.

"I will proclaim the name of the LORD. Oh, praise the greatness of our God!"

Deuteronomy 32:3 (NIV).

DAY 3

God, I praise you for being my Rock and Saviour.

"The LORD lives! Praise be to my Rock! Exalted be my God, the Rock, my Saviour!"

2 Samuel 22:47 (NIV).

DAY 4

God, I praise you for all your wonderful acts.

"Sing to him, sing praise to him; tell of all his wonderful acts"

1 Chronicles 16:9 (NIV).

DAY 5

God, I praise you for your goodness.

"I will sing the LORD's praise, for he has been good to me"

Psalms 13:6 (NIV).

DAY 6

God, I praise you for your counsel and instruction.

"I will praise the LORD, who counsels me; even at night my heart instructs me"

Psalms 16:7 (NIV).

DAY 7

God, I praise you for all the world to see.

"Therefore, I will praise you, LORD, among the nations; I will sing the praises of your name"

Psalms 18:49 (NIV).



WOW

Worship On Wednesday



Join us for fun, food, songs, games,
and activities as we explore faith and life together.

We meet every Wednesday
6.15pm-7pm
St Bede Church Community Room



Pause...

A NEW COMMUNITY SUPPORT GROUP
EVERYONE WELCOME

Need to talk about something, feeling
alone or down? Come along and chat
with others looking for some support.



**ST BEDE'S CHURCH
COMMUNITY ROOM
MORRIS GREEN**

**1ST TUESDAY OF
EVERY MONTH
7PM - 8.30PM**



St Bede's is a living Church, and its people are The Church. The Church's only financial support is its own Church family.

Please try to support our social and fundraising events as they are vital not only to the financial wellbeing of our Church but are great opportunities to get to know one another better.

Your Church thanks you for your gifts of money, time and talents.

Contacts

Vicar– Rev Canon Vinny Whitworth – 01204 658921 vinny@st-bede.org.uk

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Authorised Lay Ministers – Gillian Blackburn, Carol Hardman

Church Wardens – Jean Philips – 01204 451676 Gill Blackburn – 01204 660396

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Chair of Governors – Tony Whitehead Vice Chair – David Almond

ST BEDE'S CHURCH, MORRIS GREEN, BOLTON-LE-MOORS

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