





14th February 2021

1st Sunday of Lent

PLEASE REMEMBER IN YOUR PRAYERS

Editorial

Seeing the Kingdom of God

Reading: John 3 v 1-21

In this passage Nicodemus asks Jesus 'How can I be born again'. We can only be born again when we recognise Jesus as our King and the reality of His Kingdom. Nicodemus was in the dark and at that time failed to recognise Jesus. Are there areas of darkness in our own lives that preventing US from recognising Jesus as our King? Only when we recognise Jesus as our King do we see the glory of the cross and of Christ lifted up!

Vinny



Today's Service

This week is Family Holy

Communion Reading is John 3 v 121

Next week is Together for God Reading is John 6 v 25-40

Today's Collect

Heavenly Father, your son battled with the powers of darkness. And grew closer to you in the desert: help us to use these days to grow in wisdon and prayer that we may witness to your saving love in Jesus Christ our Lord.



Please pray...

Sean Jean Jennifer Michael Colin Doreen Catherine Minti Natalie Ronnie Sylvia Carys Paul John Mary John Ann David Stephen Bernard Yvonne Lynn Rob Will Susan Barbara Rachel Wendy Jo Lynn Dawn Norman Michelle Gill Malcolm & Pat



Please remember not everyone on this list is sick, they may just need your prayers!



THE CHURCH OF ENGLAND Diocese of Manchester

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St Bede Charity Partners 2021;



News...

'THE GLORY OF THE CROSS' JOINT LENT COURSE 2021

Our Lent course starts this week on Wednesday 24th February at 8pm on Zoom

The course is based on Tim Chester's book 'The Glory of the Cross' – which comprises of 7 weekly themes and a small reflection for each day from Ash Wednesday – Easter Sunday which takes us through John's Gospel and explores how the cross is the most glorious moment in history.

During the Lent Course we will be splitting up into breakout rooms and there will be space to chat and share what we've read in the past week. The book itself is very small and easy to read so you don't have to do lots of reading beforehand.

There is still time If you'd like to sign up to do the course and to receive your book. E-mail Vinny asap (vinny@st-bede.org.uk) and we will let you know the Zoom details for the course.

If you are unable to join us on Zoom because you don't have the technology – we would still be happy to drop you a copy of the book which you can use as part of your personal devotions during Lent.

Again if you would like a copy of the book – do contact Vinny and we will ensure you have a copy before Ash Wednesday.

There is no charge if you want a copy of the book but if you want to make a donation to cover the cost we would suggest £5.

The Glory of the Cross will also be our focus during our services in Lent. We hope you will be able to join us as we journey towards Easter.



ST ANDREWS AND ST BEDES ZOOM PRAYER MEETING

Sundays, 6.3opm-7pm

As we continue to struggle with the Covid-19 crisis, following the Archbishops encouragement to keep on praying for our community and nation, we are resuming our joint Zoom prayer meetings with St Andrews each Sunday.

All are welcome to join us and the details are as follows:

Zoom ID Code: 852 4137 2903

Passcode: 123456

Join us as we pray for ourselves, our community and our world.

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours" (Mark 11: 24)

ST BEDE FELLOWSHIP GROUP

We will be continuing our 'coffee & chat' zoom session each Sunday at 11.30. All are welcome. Zoom details are as follows;

Meeting ID: 723 9323 8608

Passcode: 654321





Our Church depends very heavily on fundraising as well as regular giving to keep our Church afloat.

We ask that you do continue to give by setting up a Standing Order from your bank. Please contact our Treasurer, David Almond for further details – David.almond3@ntlworld.com or visit our website – www.st-bede.org.uk

Church Rocks & Shiny Pebbles

Walking in the Light-Seeing the 9 Kingdom of God



In the Bible reading today (John 3:1-21), Jesus talks about light and darkness. Jesus said, "Light has come into the world." He was talking about himself. Jesus also said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." In verse 20, Jesus tells us, "Everyone who does evil hates the light, and will not come into the light for fear that their evil deeds will be exposed."

Every day we make choices. If we live by truth, we walk in the light so that we see Jesus and the Kingdom of God. Jesus said, "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."

What choice will you make? Will you walk in the light and recognise Jesus as King?

10. 12-2-5-0-14-10-23-23

DECODER ACTIVITY

The words below have been taken from today's reading from John 3:1-21. They are written in code. Use the table to decode the letters to find the words.

Α	В	С	D	Е	F	G	Н	1	J	K	L	М	Ν	O	Р	Q	R	s	Т	U	٧	W	Х	Υ	Z
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1.	8-1	15-1	18-2	22-	1 _																				_
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3.	12	-10	-10	-12	-23	_																			
4.	1-5	5-9-	1-2	2																					
5.	22	-2-1	1-10	0-23	3 _																				
6.	17	-10	-4-	17-8	8-10	0 _																			
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8.	8-4	4-24	4-10	o _																					
9.	10	-24	-15	-8																					





In the Christian calendar, February 17 marks the start of the season of Lent which lasts for 40 days. Lots of people aim to do something positive on each of those 40 days. Here are some ideas, in no particular order – why not give it a try on your own or with your family. Inspired by 40 Acts https://40acts.org.uk/

Give somebody a compliment today
Send a letter, card or picture to someone who is important to you
Be the first to say sorry to somebody
Go the whole day without arguing with anyone
Tum off lights, TV and chargers when you leave a room
Call a grandparent or uncle, or little cousin.
If someone does something for you, make sure you say 'thank you
Drink more water - when you're healthy and energetic, it is much easier to be kind.
Create a Giving Bag or Box. Add items to it that you are willing to donate to a charity shop (when you are able to)
Instead of using a vehicle to travel today, walk or cycle or scoot everywhere
Is there a way to be a good team player today? Maybe that means helping each other out with something at home
Make a card or note saying something nice about someone in your household and hide it in a place that they will find it
Pick up litter and put it in the bin – if you are doing this on a walk, check it's safe to pick it up
Start telling jokes, watch something fun together, or whatever makes you laugh!
Be brave today. Do something that you found hard last time you tried
Take 10 minutes to just sit quietly and relax doing nothing.
Be spontaneous! Sometimes, random acts of kindness just come to you in the moment! What will you think of today?
Ask somebody to tell you about themselves and really listen
Learn to say 'hello' and 'thank you' in some different languages
Surprise somebody (in a nice way!) today





Tell somebody why you think they are special

Try not to interrupt. Listen carefully, you may learn something new

Try to find out about somebody your own age from a different country and imagine what it would be like to swap lives

Make a point of connecting with someone of a different generation today.

Help someone realise how amazing they are today

Recycle any paper, plastic, tins or glass that you use today

After lessons or work try for some screen free time of two hours or more - no Facebook, no apps, no phone calls, tv or games

Make an extra effort to smile more at others - it really can bring joy to their day!

Today might be a good time to make that apology you owe someone

Tidy up your bedroom without being asked to

Make sure to exercise - taking care of your body is important

Write down 5 things you are thankful and tell someone about it

Say sorry first, even if it wasn't your fault

Ask other people in your household if there is any job/task you can help them with today

Be positive all day and try only to say encouraging things to other people.

Create an encouragement jar - write some encouraging messages on slips of paper, place them in a jar and then people in your household can take it in turns on different days to take one from the jar

Make a present for someone out of scrap you can find. For example, a hanging mobile or collage picture

Got a favourite book or film with a positive message? Tell someone about it and think about are how you can live out that message

Be spontaneous! Sometimes, random acts of kindness just come to you in the moment! What will you think of today?

Think before you speak and make sure your words build people up today

As you have received, so may you be pleased to give.

St Bede's is a living Church and its people are The Church. The Church's only financial support is its own Church family.

Please try to support our 'virtual' social and fundraising events as they are vital not only to the financial wellbeing of our Church, but are great opportunities to get to know one another better.

Your Church thanks you for your gifts of money, time and talents.



St Bede Parish, Morris Green

Normanby Street, Bolton, BL₃ 3QR



Parish Church, Bolton Le Moors

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